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Instructions to Follow Before Your Child's Sedation

Safety of your child is the utmost importance at East Bay Dental Surgery. In order to provide your child with a safe and effective sedation experience, you must carefully follow every instruction listed below. We sincerely employ your cooperation to achieve this mutual goal.

Be Calm, Confident and Knowledgeable

You, as parent/legal guardian, play a key role in your child's dental care. If you have any questions about the sedation process, please ask; we are happy to answer any questions that you may have.

Notify health changes

Please notify our office of any change in your child's health and/or medical condition. Fever, ear infection, nasal or chest congestion, or recent head trauma could place your child at increased risk for complications. Should your child become ill just prior to a sedation appointment, contact our office to see if it is necessary to postpone the sedation.

Eating and Drinking

Patients must have **NO FOOD OR LIQUID AFTER MIDNIGHT** the night before the appointment. Including chewing gum ,candy, water, milk and or juice. No brushing of teeth the day of appointment.

Clothing and Makeup

Your child should wear comfortable, loose-fitting clothing with short sleeves to the appointment. **Please refrain from dressing your child in footie or onesie pajamas.** Please remove all jewelry, make-up, and nail polish prior to appointment. You may want to bring extra clothes and a blanket (optional)

Arriving

Your child must be accompanied by at least one parent for the anesthetic appointment. **PARENT MUST REMAIN IN OUR PREMISIES WHILE PATIENT IS IN SURGERY.**